

Greg Walker's Kayaking Checklist as at 28/03/2017

Checklist

Kayak

- Appropriate for conditions in good repair Buoyancy, toggles or end loops

Accessories

- Spray Deck, Hatch Covers
- PFD
- Paddle, spare paddle
- Paddle park (optional)
- Map water proof
- Watch
- V Sheet
- compass (GPS not mandatory)
- Mobile Telephone, / charging battery
- Sponge for Bailing
- Bilge / bailing pump
- Garbags for Rubbish
- Spot GPS for remote journeys
- Tow Belt
- Throw Bag
- Rope 15 metres
- Kayak carrying straps
- Safety Knife (jack knife)
- First Aid Kit
- Snake Bite Kit

Clothing

- Covered footwear
- Shorts or longs underwear
- Sun shirt on hot days
- Paddling cag or spray jacket with thermal, wool jumper or fleece layer underneath
- Wide brimmed sunhat
- Beanie
- Sunscreen
- Insect repellent
- Sunglasses with strap

Supplies

- Food, cutlery, scroggin
- Water (2 litres min / day)
- Steritabs water purifier/ Filter
- Aqium gel antibacterial sanitiser
- Tea towel
- Spare clothing (full set)
- Personal and medication Vitamins
- Toilet trowel and paper
- Trangia stove, gas. Matches / lighter*
- Flameless Cooker*
- Tent /weed mat/hammer/pegs
- Sleeping bag/ sleeping mat/pillar
- Head torch
- Waterproof (dry) bags
- Spare batteries
- Pencil (for log / navigation, etc)
- Repair kit (duct tape), cord (2 metres)
- Whistle on cord
- Wet ones hand wipes
- Thermos
- Multi Tool (Leatherman)
- Camera, AM Radio
- Seat

*Only need one Stove